

## Silver Salties Program Coordinator

### Jocelyn Elliott

Jocelyn Elliott is the Program Coordinator for Silver Salties. She lives on the Sunshine Coast in Queensland and works from her home office. Jocelyn is married with three sons aged 12, 10 and 4.



Her surf lifesaving connections run deep with her father, Bob Balmer, being a former surf lifesaver at Byron Bay SLSC and Cooks Hill SLSC in NSW and her uncle, John Geddes, an old boy at North Burleigh SLSC, QLD. Her childhood days were spent body surfing and surf skiing at Hastings Point, Coolangatta and Ballina when the days were long and the sunscreen rare! Jocelyn's young family also love being at the beach and her oldest sons recently enjoyed Nippers at Mets Caloundra SLSC.

Jocelyn's role as Program Coordinator for Silver Salties, combines her passion for promoting physical activity for learning, health, and wellbeing, and her vast experience in education and sport. She is a state and national award-winning teacher and program designer.

Jocelyn spent 13 years as an educator in schools (HPE and Geography teacher at Proserpine SHS – 6yrs, PE teacher at HD Cartwright Middle School in Calgary, Canada on teacher exchange – 1yr; PE teacher at Narangba SS – 1yr; LOTE teacher at Dalby SS - 1yr, and Head of Curriculum and Regional Program Coordinator of the Increasing Activity and Intelligent Minds initiative in the Darling Downs South West Region, QLD Department of Education – 4yrs).

Recently Jocelyn expanded her education work to include guest lecturing at the University of Queensland for the course 'Sport and Physical Activity Leadership in Primary Schools'; management of the University of Sunshine Coast's Sport for Thought program focussing on personal leadership skills in sport and study for Year 9 students; and support as Research Officer for Curtin University's 'sustainable strategies for physical activity in schools' project.

Jocelyn's career includes several years work for Australian Rugby Union (ARU) as Education Programs Manager for its national schools program, and Pacific in Union Coordinator working with colleagues and students in Samoa, Solomon Islands and Papua New Guinea; two years as Executive Officer for the Australian Council for Health, Physical Education and Recreation, Queensland Branch (ACHPER QLD); and three years as QLD State Coordinator for the Australian Sports Commission's Schools Network 'connecting schools and sport' program.

Jocelyn set up a consultancy business while having her family. Prior to working with Surf Life Saving Australia, she worked with ACHPER VIC to co-author the School Physical Literacy Framework for Sport Australia and developed ARU's Get into Rugby resources. She also supports her husband promote the benefits of sit-to-stand Aussie Active Desks for all ages.